



Mentoring Centre Exclusive

SUCCESS MADE SIMPLE:

AVOID THE 5 MAJOR CAUSES OF FAILURE

DOUGDANE

Reset your mind. Reset your life.

WITH HARSH SINGHAL



The problem is success seems hard for most people. That's because you make it hard by thinking it's hard and you end up feeling defeated and give up on your goals.

I reveal the 5 major causes of failure and how to avoid them and I give simple, practical steps you can follow.

That way, you'll go from struggling to succeeding and from worrying to confident about your future.



Do you start Mondays anxious and worried about your future and whether you'll become the leader in your field like you hoped?

What if success was simple and all you had to do was make a few simple changes?

I know how frustrating it can be when you're trying to succeed. I get it!

I spent years making it hard when it was actually quite simple. But I figured it out and I'm dedicated to helping others succeed.

There are 5 major causes of failure. Check this list to see if any of them are getting in your way.



1

Absence of clearly defined goals

Very few people know exactly where they are going. They want their life to be better but haven't set their mind to a specific target and set a date for its completion. Achieving goals is easy, but setting them is hard.

- Very few people have clearly defined goals. They want their conditions to improve but they don't do much about it.
- That's why people are wandering around aimlessly without a purpose. Because their mind is goal-seeking and they don't know where they're going.
- You are goal-seeking. It's built into your DNA and you've been gifted with a built-in mental GPS that can steer you to any goal.

"In the absence of clearly-defined goals, we become strangely loyal to performing daily trivia until ultimately we become enslaved by it." ~ Robert A. Heinlein

2

Lack of a clearly defined plan

Most people fail to create clearly defined plans. They get caught up in overthinking because they can't see the entire plan and because of a lack of confidence, they give up too quickly when they meet with roadblocks or detours. You don't need the master plan, you just need a few steps to get you started.

- We waste so much time overthinking and worrying, it seems we don't have any time for coming up with inspiring plans to achieve our goals.
- Why would you waste your time planning how to achieve your goal unless you've decided you're going to go after it?
- We've got it all backwards. The plans don't come to mind unless and until you've made a committed, irrevocable decision that you're going after your goal.



3

Lack of confidence or low opinion of self

This is the of cause people's hesitation and fear. You have a mistaken opinion of yourself and your success is limited by the fact that you think you don't have what it takes to succeed. News Alert! The fact that you want to be, do or have something means you have the talent and abilities to make it happen. You are engineered for success by your Creator.

- Lack of confidence is normal when you're trying something new or going after something you've never done before.
- Lighten up! Don't be so hard on yourself. It's okay to be a little bit uncomfortable.
- If you have a low opinion of ourself, it can be changed if you want to. It may be creating doubt and worry about the possibility for your success.

4

Indecision

The inability to make decisions quickly is at the heart of most failures. It's the start that stops most people. Indecision is a habit and it can be fixed quickly. You weren't taught to make decisions but you can learn. Start by making a list of decisions you've been putting off. Pick one or two simple ones and act on them immediately.

- Lack of confidence is usually why people don't make decisions.
- Indecision creates doubts and second-guessing.
- The doubts create fear and that's how you get stuck.

5

Procrastination

We delay taking action on things because our indecision creates doubt. You get a great idea and then you say, "Let me think about it." Or worse, you go ask someone for their opinion. The more you put things off, the more doubts you come up with and then you're stuck.

- Indecision creates procrastination.
- It causes overthinking
- It creates confusion which makes it difficult to focus.

Let's Sum It All Up

If lack of confidence creates indecision and indecision causes procrastination and erodes our self-confidence further, what should you do?

1. Spend more time thinking about what you want rather than reasons why you can't.
2. Knowing what you know now, start to make decisions quickly and develop the skill.
3. Spend time each day thinking about your goals and see what your imagination can hand over to you.

Looking for something more 1 on 1?



Private Mentoring

With my guidance, you will absolutely see a significant change in your life, and it starts when you make the decision to join me on this journey and allow me to be your guide. I won't guarantee it will be easy, but I can promise you it will be worth it.



I want to be mentored, 1 on 1.