## 10 STEPS TO CHANGING YOUR

RESERVE

Per La

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#### MONEY MINDSET CHECKLIST

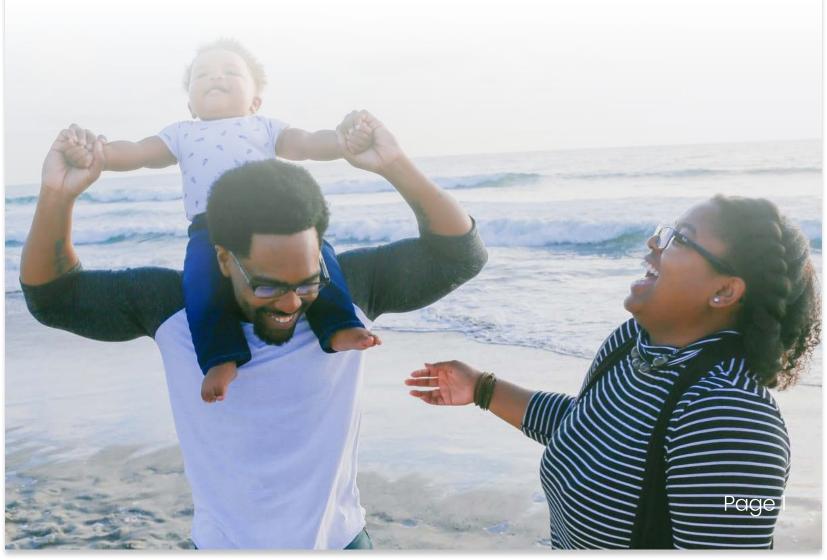
### **DOUG DANE**



Hello! Thank you for downloading this ebook. I appreciate you taking the time to improve yourself.

Most people lower their standard of living to match their income. But you are not going to be that person. Decide how you want to live and set your income goal to match your desired state of living.

#### Here is how to get started...



### Make a list of your current monthly expenses.

See page 7 to start writing this out.



**2** Add to the list

What are the things you'd like to be able to do this year? And what it will cost you?

#### Add an amount that you're going to pay (save) yourself each month. You always pay yourself first.



4 Start giving away a percentage of your income each month and add that to the total.

# Add everything up and make the total amount your monthly income goal.

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Reminder: Most people lower their living standards to match their income. Do not suppress your desires.

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#### Complete the steps from 1-5 here.

Print it out and leave it somewhere you will see it often.

Current Monthly Expenses.			\$
Mortgage or Rent			
Electricity or Hyrdo			
		How much you are going to pay yourself (save) each month?	\$
What are the cost of the "things" you'd like to be able to do this year?	\$ Total	What percentage of your income are you giving away each mont?	\$

Start investing in yourself. The more you invest in you, the more value you bring to the marketplace and the market always pays you what you're worth.

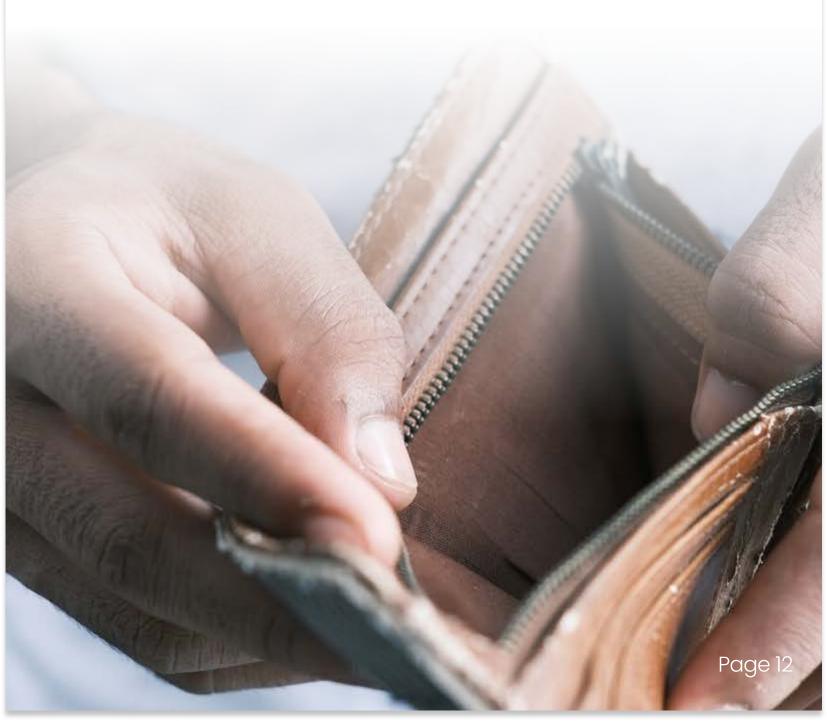


Start acting (doing) like the person who is earning what you're going to be earning with your new income goal. Start doing things you would do. Start small like get a massage or tip the bill (100%) or hire a cleaning person once a month **8** Look around your house and get rid of things you don't need.

## 9

Get rid of the clutter. Order is heaven's first law. The Universe loves order so make space for good to come and get rid of all the clutter in your home and office.

# Don't ask people for advice about money when they don't have any.



#### Summary

Make a committed (irrevocable) decision you're going to follow this plan no matter what and stick to it until your world changes. It will, I promise!

- 1. Make a list of your monthly current expenses.
- 2. Add to the list the things you'd like to be able to do this year and what it will cost you.
- 3. Add an amount that you're going to pay yourself first (save) each month.
- 4. Start giving away a percentage of your income each month and add that to the total.
- 5. Add everything up and make the total amount your monthly income goal.
- 6. Start investing in yourself. The more you invest in you, the more value you bring to the marketplace and the market always pays you what you're worth.
- 7. Start acting (doing) like the person who is earning what you're going to be earning with your new income goal. Start doing things you would do. Start small like get a massage or tip the bill (100%) or hire a cleaning person once a month.
- 8. Look around your house and get rid of things you don't need.
- 9. Get rid of the clutter. Order is heaven's first law. The Universe loves order so make space for good to come and get rid of all the clutter in your home and office.
- 10. Don't ask people for advice about money when they don't have any.

### Looking for something more 1 on 1?

## When I mentor people, I use a step by step, repeatable formula for achieving anything you want.

#### It's called Thinking Into Results.

This Thinking Into Results coaching program will help you break through the current reality that you are living in. It is designed to move you forward and more aligned with what it is you truly want. Working with me, you will achieve more than you thought possible in less time if you do the work and take what I say seriously. I am a no-nonsense, results-driven coach who doesn't let my clients accept or continue to live the life that they have because it is there.



#### **Private Mentoring**

With my guidance, you will absolutely see a significant change in your life, and it starts when you make the decision to join me on this journey and allow me to be your guide. I won't guarantee it will be easy, but I can promise you it will be worth it.

I want to be mentored, 1 on 1.

Most people lower their standard of living to match their income. Decide how you want to live and set your income goal to match your desired state of living.



### Thank you for reading